

# community **RESILIENCE** challenge



## PROGRAM OVERVIEW

The Community Resilience Challenge is a call to action.

During the months of April and May, hundreds of people across Sonoma County will rise to the challenge of creating healthier, just and resilient lives, homes, neighborhoods and communities. The **Community Resilience Challenge** (the Challenge) is entering its 8<sup>th</sup> year of inspiring and mobilizing individuals, schools, organizations, municipalities and businesses to take practical actions that **Save Water, Grow Food, Conserve Energy, Reduce Waste, and Build Community**.

Over the past six years, over **29,338 resilience building actions** have been registered in Sonoma County. 29,338 actions really add up! The goal is to add even more actions to that incredible tally while inspiring collaborations, building relationships and strengthening networks for lasting change. This is a pivotal moment for our planet, and the need for increased awareness and community-based, local solutions has never been greater.

### Why Resilience?

In short, when faced with adversity, resilience is the ability to adapt and spring back, be it a person, a community, an economy or an ecosystem. Given the urgency of issues our society is facing including a growing confluence of social and environmental challenges, now is the time to act. **Together we can adapt and spring forward**, by catalyzing significant action towards becoming more food, water and energy independent, and building our communities stronger, healthier, more beautiful and resilient!

### Get Involved

Join this amazing community-wide effort by registering your actions today. Doing a lot already? Great! Inspire others to act. The Challenge is organized around five themes: **Save Water, Grow Food, Conserve Energy, Reduce Waste and Build Community** and participants will take actions such as installing a greywater system, planting a garden, joining a carpool, composting plant wastes, or sheet mulching a water-thirsty lawn. Small or large, every action counts!

As part of the Challenge, we will measure our collective impact based on actions registered. The Challenge inspires new actions and collaborations and it also highlights and supports efforts already in motion to tell the story of our collective successes. Together, we are creating more resilient food systems, local economies and communities, while reducing our use of water and energy. A more sustainable and resilient future is arising through our collective genius and each of our daily acts.

Take Heart! Take Action! **Rise to the Challenge!**



*because every choice matters*