



*because every choice matters*



Small Acts  
Lead To  
Large Changes

## ENERGY SAVING ACTIONS

**Conduct a home energy audit to diagnose areas for improvement.**

Sign-up for 100% renewable power

**Install a programmable thermostat and enjoy a cozy sweater!**

Turn off lights in unoccupied areas - install motion sensors to help.

**Lower the thermostat on your hot water heater to 120 degrees F**

Set computers and monitors to power down when not in use.

**Upgrade to compact fluorescents, or better LED light bulbs**

Dust off refrigerator coils to save energy by improving its efficiency.

**Buy Energy Star label appliances and take advantage of the rebates)**

Install solar panels

- Shorten the supply chain - source locally and simplify your needs
- Hang a clothes line for that naturally dried freshness
- Go reusable - water bottle, coffee or tea mug, food containers, shopping bags and diapers
- Buy bulk goods - less packaging and can cost less
- Become a locavore and reduce your food miles!
- When washing clothes or dishes - run full loads and air dry
- Buy with foresight - preference quality, durable goods that are slow to wear out and can be fixed if they break.
- Cook or cure with sun - build a solar oven or dehydrator, or use the dashboard of your hot car.
- Recycle - clothes, batteries, motor oil, light bulbs, scrap wood and metal, furniture, Mother's day wrapping paper!

**Chaperone a Walking (or biking) School Bus to school for your kids and their friends**

***Rethink travel - use conference calls or web meetings***

**Use an alternative energy vehicle: biodiesel, electric, or hybrid**

***Go car-free: Commit to walking or biking — it's good for you and good for the earth. Ride a bike or Ride the bus!***

**Organize a carpool**

