



because every choice matters

WASTE REDUCTION ACTIONS

Go reusable (water bottle, cups, food containers, shopping bags, diapers, hankie, batteries, etc.)

Buy in bulk and avoid individually wrapped items

Start a compost or worm bin

Plan a weekly menu to avoid food waste (and save money!)

Buy thrift, "lightly used", or consignment more often (upcycle!)

Donate, sell, and trade unwanted items.



Small Acts
Lead To
Large Changes

- Join a local lending library, barter or swap meet to avoid buying new
- Get off junk mail lists and "go paperless" for monthly statements
- Reduce waste to landfill by recycling plastic, glass, paper, metals, electronics, batteries, clothes, and shoes
- Properly dispose of hazardous waste, toxic substances, and medicines
- Buy only environmentally preferable products or encourage a policy at your office
- Buy quality products that last (clothes, toys, tools, furniture, shoes)



**Google
"COOPERATIVE ECONOMY"**